Summer Food Service Program (SFSP)

# **OPERATIONAL TRAINING**





### **AGENDA**

- SFSP Program and Benefits
- SFSP Eligibility
- Site Types
- Site Responsibilities
- Reimbursable Meals
- SFSP requirements (meal types, meal patterns)
- Meal Adjustments
- Meal component requirements
- Food Buying Guide

- Menu ideas
- Staying on Budget
- Record Keeping
- Food Safety
- Meal Service
- Monitoring
- Serious Deficiency

- Appeal Rights
- Civil Rights
- Resources

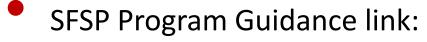


### SFSP-the program and benefits

- Primary goal is to offer safe, well-balanced, nutritious meals for children during the summer months for optimal growth and development.
- Outreach: only 17% of the eligible children are currently reached.
- Sites may provide fun learning activities for all age groups.
- Supports family food budgets.
- Additional employment, internship, volunteer opportunity for food service workers, students and public.

### **SFSP Guidance Manuals**

 USDA requires the use the most recent guidance materials.



https://www.fns.usda.gov/sfsp/handbooks

- 2016 SFSF Administrative Guidance for Sponsors
- 2018 SFSP Nutrition Guidance for Sponsors
- 2017 SFSP Sponsor Monitor's Guide
- 2017 SFSP Site Supervisor's Guide
- https://www.fns.usda.gov/sfsp/policy policies released.



## **SECTION 1**

- SFSP Eligibility
- Site Types
- Site Responsibilities
- Reimbursable Meals
- SFSP requirements (meal types, meal patterns)
- Meal Adjustments
- Meal component requirements
- Food Buying Guide



#### PARTICIPANT

#### **SPONSOR**

#### SITE

- 18 years old or younger who is eligible for free or reduced price meals or lives in an area where 50% of the children qualify for federal support.
- 19 years older who as determined by a State or Local educational agency has a mental or physical disability.
- A person who participate during the school year in a public or private nonprofit school program established for the mentally or physically disabled.

- Public or private nonprofit schools
- Units of local, municipal, county, tribal, or state government
- Private nonprofit organizations
- Public or private nonprofit camps
- Public or private nonprofit universities or colleges
- Have to be tax exempt.

- Area eligibility: low income areas (50% of children reside in the area are eligible to receive free or reduced price meals based on school or census data). Mapping tool: <a href="https://www.fns.usda.gov/areaeligibility">https://www.fns.usda.gov/areaeligibility</a>
- Income eligibility:
   operates for children
   whose household income
   qualifies them for free or
   reduced price meals. Area
   eligibility cannot be
   applied as less than 50%
   of children are eligible for
   free and reduced price
   meals in the area.

**SFSP Eligibility** 



all children of the community in a first come first serve basis with above restrictions. Must make community aware of restriction. **CLOSED ENROLLED** Income eligible, open only for identified group of children. This group of children are transported to congregate meal site or the or the site may be area eligible, 50% of the children dining at site must qualify for federal

bus or be present at each site.

support - in South Dakota waiver approved for summer 2020 allowing the site may be area eligible. Only meals served to children with an approved household application on file can be counted free. **MOBILE** To reach children in rural areas. Each location must meet the site eligibility criteria. Meals must be consumed on the bus or near the drop-off location, times of meal service must be established and kept, food safety guidelines for temps (keep food temp log), cleanliness, feeding times must be **followed** and the sponsor must have the ability to adjust meal deliveries based on fluctuations in attendance. Program staff serving meals must follow appropriate hand washing procedures. Site supervisor must be

Must be area eligible and located in that area, meals available to all children

Must be area eligible and located in that area, initially an open site but must

restrict attendance for reasons of space, security, safety, or control. Open to

**present** at each meal service for the entire meal service. Either travel with

in the area in a first come first serve basis. Has to be publicized.



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**OPEN** 

**CAMP** 

**RESTRICTED OPEN** 

#### **Site Locations**

Schools, recreation centers, playgrounds, parks, churches, community centers, day camps, residential summer camps, housing projects, and migrant centers, or on Native reservations.

#### Site Responsibilities

- Attend your sponsor's training
- Supervise activities and meal service at your site
- Manage volunteers
- Distribute meals by following SFSP guidelines
- Keep daily records of meals served (meal count, make sure kids take everything according to meal pattern, always be aware of what is a reimbursable meal).
- Store food appropriately
- Keep the site clean and sanitary
- If vended site: order, receive meal
- Help your sponsor promote the program in the community
- Prevent discrimination

#### **Summer Food Awareness**

- Plan special event
- Raise awareness and make it fun
  - Speaker or presenter
  - Fun day(s) with carnival-like or physical activity games planned
  - Partner with community organizations for ways to promote the summer meal program.
  - 4-H, University Extension programs are good resource:
  - https://www.sdstate.edu/sdsu-extension/food-families
  - https://www.sdstate.edu/health-and-nutritionalsciences/outreachextension
  - https://www.sdstate.edu/sdsu-extension/4-h-youthdevelopment





#### **SITE SUPERVISOR**

#### **SITE STAFF**

- Attend sponsor training
- Ensure civil rights is properly implemented
- Stay at site for the entire meal service
- Inform Director or Assistant Director of field trips
- Communicate changes in meal service
- Help in meal service
- Help with clean up after meals
- Ensure safe, sanitary conditions
- Ensure food safety
- Receive and account delivered meals
- Plan and organize site activities
- Implement alternate food service arrangements during inclement weather
- Take accurate meal counts at point of service.

- The goals of SFSP
- The meal pattern requirements
- The importance of preparing nutritious meals that meet the Dietary Guidelines for Americans
- The food safety rules and sanitation guidelines
- Operation of food service equipment
- Development of and following standardized recipes

SFSP regulations
require that no food
service site may
operate until
personnel at the site
have attended at least
one of the sponsor's
training sessions. This
is an annual
requirement and
needs to be
documented.

#### Responsibilities



#### **Procurement and Bid Procedures**

Micro-Purchases - Informal method (Purchases between \$0 - \$10,000)

**Small Purchase** - Informal method (*Purchase between \$10,000 - \$250,000*) [3 bids or quotes & a buy]

**Competitive Sealed Bids** – Formal method (*over \$250,000*) Check for your own agency threshold requirements

South Dakota small purchases limit for supplies & services is \$25,000 which has not changed.

Follow Procurement Procedures found on SD Department of Education CANS website <a href="http://doe.sd.gov/cans/index.aspx">http://doe.sd.gov/cans/index.aspx</a>



#### Reimbursable meals

- Served meals (leftover meals are not reimbursable) that are within the approved levels. Only 2% of excess meals are allowed as second meals. (You can use capacity builder to estimate the amount of children in need in your area. <a href="https://www.fns.usda.gov/capacitybuilder">https://www.fns.usda.gov/capacitybuilder</a>)
- After all children are fed, if there are leftovers staff is allowed to have a meal that can be deducted from operational costs. All other adult meals are non-reimbursable. Adult meals can be sold and count into program income but sale is only allowed if there are leftovers and all the children are fed. As the program is non-profit and could cause a disallowance to run the program if for income meals are served to adults.
- Meals have to be consumed on site within the approved timeframe.
- Meals have to be serve as a unit.
- Meals have to meet the meal pattern requirements.
- All meals have to be documented on approved meal count form. (Attachment 18 of Admin guide handbook 2016 <a href="https://fns-prod.azureedge.net/sites/default/files/sfsp/SFSP">https://fns-prod.azureedge.net/sites/default/files/sfsp/SFSP</a> Admin Guide Sept2016.pdf)



## Requirements for Vended or Central Kitchen Delivery of Meals

- Meals can be delivered no more than 1 hour prior to the beginning of the meal service!
- Proper facilities must exist onsite for storing food at the proper temperatures.
- Meal count and meal pattern guidelines need to be documented.
   Keep signed delivery receipt and check adequacy and number of meals delivered.
- <u>SFSP Admin Guide</u> pages 65, 75-77, 94-95; also page 10-11 of <u>2017</u> Sponsor Monitor's Guide lists considerations.
- Menu planning toolkit to learn ideas about self prepared vs vended meals and other useful ideas.



#### **Family Style Meal Service Restrictions**

- Family style meal service where you pass the bowls of food – is only allowed at Closed Enrolled or Camp Sites.
- Program adults must assist to make sure required minimum portions of each food component are taken.
- Page 46 <u>Nutrition Guide SFSP 2018</u>



#### **Off-site Meals/Field Trips**

- State approval needed prior to trip.
- Complete SFSP Off-site meal form found on website <u>DOE CANS SFSP Website</u> under *Documents* and titled *SFSP Off-site Meals Form*,
- Submit to CANS 10 days in advance when possible.
   Please submit Child Nutrition Label for menu items on form when it applies.
- Off-site Meals must be included on production records kept for that day.



#### **Off-site Meals/Field Trips**

- Prepare Meal Count Form to accompany the food taken on the field trip along with any safe food practices documentation (Number meals received, temperature log at time of pickup, temperatures at start of meal service, and if applies – temperature log of foods when returned to kitchen and number of leftover meals/food items).
- Point of service (actual meal count) must be taken at the off-site location and sent in with meal counts for the month.
- The meals service must be approved for the place the children will be that day.
- Notify CANS if a change occurs changes do happen due to weather.



#### **Allowable Meal Numbers and Types**

Must have State agency approval for # of meals served at each site, sites cannot exceed the approved number. Exceeded number of meals are not reimbursable.

	# of Meals	Possible types and combinations
Open, Restricted open, Closed enrolled	Up to 2	<ul> <li>ONLY: breakfast or lunch or snack or supper</li> <li>Breakfast and Snack</li> <li>Lunch and Snack</li> <li>Supper and Snack</li> <li>Breakfast and Lunch</li> <li>Breakfast and Supper</li> <li>Two snacks</li> </ul>
Camp, Migrant	Up to 3	<ul> <li>Same as above or</li> <li>Breakfast, lunch, supper</li> <li>Breakfast, lunch, snack</li> <li>Lunch, supper, snack</li> </ul>



## **Meal Pattern Requirements**





#### **Meal Pattern Requirements**

## Meals are <u>only reimbursable</u> if they meet the meal pattern requirements.

SFSP meal patterns were designed for children 6-12 years old, special recommendations for other age groups.

• Meal pattern composed of the required meal components and appropriate serving/portion sizes.

#### **Food Components**

- Milk
- Vegetable and Fruit
- Grains
- Meat/Meat alternative

#### **Food Items**

Specific food offered within the food component. Exp. ½ cup pears are two food items within the fruit and vegetable component.



#### Meals to be reimbursable must contain:

Breakfast	Lunch or Supper	Snack
One serving of milk	One serving of milk (whole,	Must contain <b>two</b>
(whole, reduced-fat milk	low-fat, or fat-free)*	of the four components
(2%), low-fat milk (1%),		listed below.
fat-free milk, lactose free	Two or more servings of	One serving of milk
milk, lactose reduced	vegetables, fruits, or full	(whole, low-fat, or fat-
milk, buttermilk, or	strength juice (100% juice)	free)*
acidophilus milk.)*		
	One serving of a grain;	One serving of
One serving of a		vegetables, fruits, or
vegetable, fruit, or full-	One serving of meat or meat	100% juice#
strength juice;	alternate	
		One serving of a grain
One serving of a grain		
		One serving of meat or
An OPTIONAL serving of a		meat alternate
meat or meat alternate.		

<sup>\*</sup> Whole milk suggested for up to age 2. Milk has to be fluid milk, not alternatives like cheese, yoghurt, ice cream, reconstituted NFD milk. Must be pasteurized.

<sup>#</sup> Juice is not allowed to be served when milk is served as the only other component of a snack. 

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#### **SFA Options**



- School Food Authority SFA at their school site may choose to use the SFSP meal pattern requirements or the NSLP or School Breakfast Program (SBP) meal patterns (7 CFR 225.16(f)(1)(i)) as applicable.
- If chose to use NSLP or SBP state agency must be notified.
- SFA must use approved production record for meal pattern chosen.

## Does anyone planning on using NSLP or SBP meal pattern?



#### Offer vs. Serve (OVS):

Allows children to decline some of the food offered in a reimbursable breakfast, lunch, or supper.

There is no OVS option for snack!

Goal: reduce waste and food cost while maintaining nutritional integrity. You have to submit for approval if you would like to serve OVS.

Watch video about OVS.

#### **Breakfast:**

The following four food items must be offered:

- One serving of fruit/vegetable
- One serving of grains
- One serving of fluid milk
- One additional serving of fruit/vegetable, grains, or a serving of a meat/meat alternate.

All the food items offered must be different from each other and a child must take at least three of any of the four food items offered.

#### **Lunch or Supper:**

The\_following four food components must be offered through at least five different food items:

- One serving of meat/meat alternate,
- Two servings of fruit and/or vegetables (two different food items),
- One serving of grains, and
- One serving of fluid milk.

A child must take at least three of the food components, rather than items, listed above from the five food items offered. Three food components are required for an adequate, nutritious meal for children.



FOOD COMPONENTS AND FOOD ITEMS	BREAKFAST Serve all three	LUNCH OR SUPPER Serve all four	SNACK Serve two of the fou	r	
Milk	REQUIRED	REQUIRED		purposes of the requirement outlined in this table, a cup means a measuring cup	
Fluid milk (whole, low-fat, or fat-free)	1 cup <sup>1</sup> (½ pint, 8 fluid ounces) <sup>2</sup>	1 cup (½ pint, 8 fluid ounces) <sup>3</sup>	8 fluid ounces) <sup>2</sup> 4 Served	as a beverage or on cereal or used in part for each purpose as a beverage wo or more kinds of vegetable or fruits or a combination of both.	
Vegetables and Fruits – Equivalent quantity of any combination of	REQUIRED	REQUIRED	one-half o 5 Juice m 6 Bread, J	full strength vegetable or fruit juice may be counted to meet not more than one-half of this requirement is Juice may not be served when milk is served as the only other component is Bread, pasta or noodle products, and cereal grains (such as rice, bulgur, or orn grits) shall be whole-grain or enriched. Cornbread, biscuits, rolls, nuffins, etc, shall be made with whole-grain or enriched meal or flour. Cereal hall be whole-grain, enriched, or fortified	
Vegetable or fruit or	½ cup	¾ cup total⁴	¾ cup muffins, o		
Full-strength vegetable or fruit juice	½ cup (4 fluid ounces)		¾ cup (6 fluid ounces) <sup>5</sup>		
Grains/Breads <sup>6</sup> – Equivalent quantity of any combination of	REQUIRED	REQUIRED			
Bread or	1 slice	1 slice	1 slice	More information:	
Cornbread, biscuits, rolls, muffins, etc. or	1 serving <sup>7</sup>	1 serving <sup>7</sup>	1 serving <sup>7</sup>	SFSP Nutrition Guide	
Cold dry cereal or	¾ cup or 1 ounce <sup>8</sup>		¾ cup or 1 ounce <sup>8</sup>	<u></u>	
Cooked cereal or cereal grains or	½ cup	½ cup	½ cup		
Cooked pasta or noodle products	½ cup	½ cup	½ cup	sizes and equivalents will be in guidance materials to be distributed	
Meat/Meat Alternates Equivalent quantity of any combination of	OPTIONAL	REQUIRED	by FNS to 8 Either v 9 Must m	y FNS to State agencies 8 Either volume (cup) or weight (ounces), whichever is less 9 Must meet the requirements of 7 CFR 225 Appendix A 10 Tree nuts and seeds that may be used as meat alternate are listed in program guidance 11 No more than 50 percent of the requirement shall be met with nuts or seeds. Nuts or seeds shall be combined with another meat/meat alternate to fulfill the requirement. For purposes of determining combinations, one ounce of nuts or seeds is equal to one ounce of cooked lean meat, poultry or fish 12 Plain or flavored, unsweetened or sweetened	
Lean meat or poultry or fish or	1 ounce	2 ounces	1 ounce 11 No mo		
Alternate protein products or	1 ounce	2 ounces	1 ounce alternate		
Cheese or	1 ounce	2 ounces	1 ounce lean mea		
Egg (large) or	⅓2	1	1/2		
Cooked dry beans or peas or	¼ cup	½ cup¹	½ cup <sup>1</sup>		
Peanut or other nut or seed butters or	2 tablespoons	4 tablespoons	2 tablespoons		
Nuts or seeds or		1 ounce=50% <sup>11</sup>	1 ounce		
Yogurt	4 ounces or ½ cup	8 ounces or 1 cup	4 ounces or ½ cup	south dakota DEPARTMENT OF EDUCATION	
				DEPARTMENT OF EDUCATION Learning, Leadership, Service.	

### Meal adjustments



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Infants (<12 months)	State agency must approve to serve meals to infants. All meals served to infants must comply with infant meal pattern requirements in Section 226.20(b) of the CACFP regulations.	
Children 1-6 years	SFSP regulations allow adjusted portion sizes for younger children. Must receive state agency approval and sponsor must follow Section 226.20(c) of CACFP regulations for age appropriate meal pattern requirements.	
Children 6-12 years	Follow <b>SFSP meal pattern guidelines</b> from previous slide.	
Children 12-18 years	Follow minimum requirements of SFSP meal pattern, or to improve the nutrition of participating children sponsors may serve adult-size portions to older children. Adult-size portions may be found in Section 226.20(c) of CACFP regulations.	



#### Meal adjustments



- Sponsors are required to provide reasonable meal and snack accommodations for children whose **disability** restricts their diet. This must be supported by medical statement. Food Allergy counts as disability. South Dakota Numbered Memos <a href="SFSP 240.1">SFSP 240.1</a> and <a href="USDA Policy Memo CACFP 14-2017,SFSP 10-2017">USDA Policy Memo CACFP 14-2017,SFSP 10-2017</a>.
- Medical and special dietary needs may be accommodated (not required) by sponsor on a case by case basis. Medical statement is required that identifies the medical or special dietary need and which foods should be omitted and foods that should be substituted. Meal or food substitutions for non-disability medical or special dietary needs that are outside the meal pattern requirements are not reimbursable.
- Non-dairy milk substitutes if medically recommended. In order for the meal to be reimbursable, non-diary beverages must be nutritionally equivalent to milk and provide specific levels of calcium, protein, vitamins A and D, magnesium, phosphorus, potassium, riboflavin, and vitamin B-12.

Is it reimbursable if child doesn't take the milk due to condition but there is no south daketa

#### Milk

- Only pasteurized fluid milk must be served.
- Breakfast: can be counted if used on cereal or as a beverage
- Lunch and supper: must be served as beverage.
- Snack: serve as beverage.
- Milk may not be credited for snacks when juice is served as the only other component.
- Milk may never be credited when cooked in cereals, puddings or other foods.

#### Fruits/Vegetables

- Dry beans and peas cannot be credited as both a vegetable and meat/meat alternate within the same meal.
- Dried fruits, such as dried apricots, raisins, and prunes, may be used to meet
- requirements. Dried fruit is credited based on volume served (1/4 cup dried fruit = 1/4 cup fruit).
- Serve 2 or more kinds of vegetable or fruits or a combination of both but don't serve 2 forms of the same like apple and applesauce.
- Up to one-half of the vegetable/fruit requirement may be met with full-strength (100%) juice.



#### **Meat/Meat Alternate**

- Meat, fish, poultry, eggs,
- Cheese
- Beans/Peas
- Nuts/seeds
- Yoghurt
- Alternate Protein Product (burger patties, meat loaf, tuna salad, chicken nuggets, pizza toppings).
- APPs and processed meat items (corn dogs, ravioli) should have CN labels, product formulations.
- To contribute to the M/MA component, it must contain a minimum of 0.25 oz of a M/MA.
- 1 oz. of nuts or seeds is equal to 1 oz. of cooked lean meat, poultry, or fish.
- Avoid chocking hazard!!! Nuts/seeds must be finely ground and thinly spread on bread or crackers.
- 4 oz. or ½ cup yoghurt= 1oz meat alternate.
- Homemade yogurt, frozen yogurt (similar to ice cream), or other yogurt-flavored products are not creditable.
- Less than 1/4 ounce of cooked lean meat or equivalent is not creditable.



Further processing Yield Tables

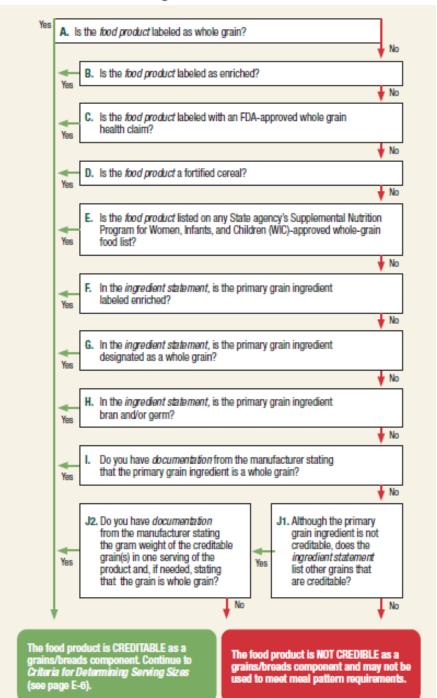
Appendix C



#### **Grains**

- Grain items must be made from grains that are whole-grain flour, whole-grain meal, corn masa, masa harina, hominy, enriched flour, enriched meal, bran, germ, or be an enriched product, such as enriched bread, or a fortified cereal. Also creditable are bread type coating, Chow Mein Noodles, Crackers –Saltine and Snack, Croutons, Pretzels, Stuffing as long as they meet the requirements listed above.
- Enriched macaroni products fortified with protein may count towards either the grains component or the meat/meat alternate component, but not as both in the same meal.
- Non-sweet snack foods such as hard pretzels, hard bread sticks, and chips made from whole-grain or enriched meal or flour can be used to meet the grain requirement.
- Preferably choose whole grain to build a healthy plate.
- If grains used in different product (corn dog) CN label needed to check grain contribution.
- Ready to eat cereals must be fortified: ingredient list will have list of Vitamins and Minerals! READ THE LABELS!!!

#### Flow Chart for Determining Creditable Grains/Breads



### <u>Meal</u> components

#### **Grains**



VIEW Food Buying
Guide Appendix E



#### **Grains**



- Grain items are credited in servings. SFSP doesn't required to credit grains
  using ounce equivalents. Ounce equivalents contain a slightly higher amount of
  creditable grains than grains servings, therefore it is up to the sponsor if they
  would like to use the equivalency calculations.
- 1/4 serving is the smallest amount allowable to be credited toward the grains requirement as specified in program regulations.
- Food products that are labeled whole grain or enriched, and food products that have a creditable grain as the primary grain ingredient, should adequately provide the minimum of 14.75 grams of creditable grains per serving (without obtaining manufacturers documentation).
- Cooked breakfast cereals (such as cooked oatmeal, cooked millet, cooked rice, or cold cereal), or cooked pasta: the serving size required for one grains/breads serving of cooked oatmeal made from dry oats is 1/2 cup cooked or 25 grams dry oats.
- When the cereal grain items used as an ingredient in a recipe such as oatmeal bread or cornmeal one grains serving should be determined using the finished serving weights or calculated using 14.75 grams of the creditable grains in one portion of the recipe.

#### **Grains**



- There are some situations where the creditable grains content would be used to calculate the serving size: product is not whole grain, enriched, or fortified (if a cereal) and the primary grain ingredient is not a creditable grain.
- For purchased products documentation is required. If the manufacturer cannot supply
  the documentation, you cannot use that product as a credited component of a
  reimbursable meal.

There are three steps to determine how many creditable grains/breads servings a recipe yields:

1. Divide the total grams of creditable grains<sup>1</sup> in the recipe by the number of portions the recipe yields: (Note: 1 lb = 453.6 grams). One "portion" is the amount of the food product you plan to serve; it is not necessarily equivalent to one grains serving.

Total grams of creditable grains in the recipe

Number of portions the recipe yields

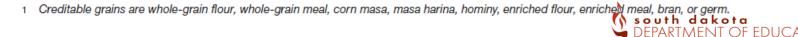
This calculation gives you the total grams of creditable grains contained in one portion of your recipe.

2. Divide the total grams of creditable grains in one portion by 14.75 grams: (note: 14.75 grams of creditable grains = one full grains/breads serving)

Total grams of creditable grains in ONE portion

14.75 grams

= the number of grains servings per portion



#### **Grains**



This calculation gives you the number of creditable grains/breads servings per portion of the recipe. The smallest creditable serving of the grains/breads component is 0.25 serving.

3. Round down to the nearest 0.25 grains/breads serving. To count as one full grains/breads serving, a food product must contain no less than 14.75 grams (0.52 ounces) of enriched or whole grain meal and/or flour, bran and/or germ.

For gram conversions, examples of calculations please see <u>Appendix E</u> of Food Buying Guide.

How many of you are familiar with these calculations and the food buying guide?





#### Exhibit A: Grain Requirements For Child Nutrition Programs<sup>1, 2</sup>

Food Products per Group	Ounce Equivalent (oz eq)	Minimum Serving Size
Group A	Minimum Serving Size for Group A	Minimum Serving Size for Group A
Bread type coating Bread sticks (hard) Chow Mein noodles Savory Crackers (saltines and snack crackers) Croutons Pretzels (hard) Stuffing (dry) Note: weights apply to bread in stuffing	1 oz eq = 22 gm or 0.8 oz 3/4 oz eq = 17 gm or 0.6 oz 1/2 oz eq = 11 gm or 0.4 oz 1/4 oz eq = 6 gm or 0.2 oz	1 serving = 20 gm or 0.7 oz 3/4 serving = 15 gm or 0.5 oz 1/2 serving = 10 gm or 0.4 oz 1/4 serving = 5 gm or 0.2 oz
Group B	Minimum Serving Size for Group B	Minimum Serving Size for Group B
Bagels Batter type coating Biscuits Breads - all (for example sliced, French, Italian) Buns (hamburger and hot dog) Sweet Crackers <sup>5</sup> (graham crackers - all shapes, animal crackers) Egg roll skins English muffins Pita bread Pizza crust Pretzels (soft) Rolls Tortillas Tortilla chips Taco shells	1 oz eq = 28 gm or 1.0 oz 3/4 oz eq = 21 gm or 0.75 oz 1/2 oz eq = 14 gm or 0.5 oz 1/4 oz eq = 7 gm or 0.25	1 serving = 25 gm or 0.9 oz 3/4 serving = 19 gm or 0.7 oz 1/2 serving = 13 gm or 0.5 oz 1/4 serving = 6 gm or 0.2 oz





Ounce Equivalent (oz eq)	Minimum Serving Size
Minimum Serving Size for Group C	Minimum Serving Size for Group C
1 oz eq = 34 gm or 1.2 oz 3/4 oz eq = 26 gm or 0.9 oz 1/2 oz eq = 17 gm or 0.6 oz 1/4 oz eq = 9 gm or 0.3 oz	1 serving = 31 gm or 1.1 oz 3/4 serving = 23 gm or 0.8 oz 1/2 serving = 16 gm or 0.6 oz 1/4 serving = 8 gm or 0.3 oz
Minimum Serving Size for Group D	Minimum Serving Size for Group D
1 oz eq = 55 gm or 2.0 oz 3/4 oz eq = 42 gm or 1.5 oz 1/2 oz eq = 28 gm or 1.0 oz 1/4 oz eq = 14 gm or 0.5 oz	1 serving = 50 gm or 1.8 oz 3/4 serving = 38 gm or 1.3 oz 1/2 serving = 25 gm or 0.9 oz 1/4 serving = 13 gm or 0.5 oz
Minimum Serving Size for Group E	Minimum Serving Size for Group E
1 oz eq = 69 gm or 2.4 oz 3/4 oz eq = 52 gm or 1.8 oz 1/2 oz eq = 35 gm or 1.2 oz 1/4 oz eq = 18 gm or 0.6 oz	1 serving = 63 gm or 2.2 oz 3/4 serving = 47 gm or 1.7 oz 1/2 serving = 31 gm or 1.1 oz 1/4 serving = 16 gm or 0.6 oz
Minimum Serving Size for Group F	Minimum Serving Size for Group F
1 oz eq = 82 gm or 2.9 oz 3/4 oz eq = 62 gm or 2.2 oz 1/2 oz eq = 41 gm or 1.5 oz 1/4 oz eq = 21 gm or 0.7 oz	1 serving = 75 gm or 2.7 oz 3/4 serving = 56 gm or 2 oz 1/2 serving = 38 gm or 1.3 oz 1/4 serving = 19 gm or 0.7 oz
	Minimum Serving Size for Group C  1 oz eq = 34 gm or 1.2 oz 3/4 oz eq = 26 gm or 0.9 oz 1/2 oz eq = 17 gm or 0.6 oz 1/4 oz eq = 9 gm or 0.3 oz  Minimum Serving Size for Group D  1 oz eq = 55 gm or 2.0 oz 3/4 oz eq = 42 gm or 1.5 oz 1/2 oz eq = 28 gm or 1.0 oz 1/4 oz eq = 14 gm or 0.5 oz  Minimum Serving Size for Group E  1 oz eq = 69 gm or 2.4 oz 3/4 oz eq = 52 gm or 1.8 oz 1/2 oz eq = 35 gm or 1.2 oz 1/4 oz eq = 18 gm or 0.6 oz  Minimum Serving Size for Group F  1 oz eq = 82 gm or 2.9 oz 3/4 oz eq = 62 gm or 2.2 oz

<sup>3</sup> Allowed in NSLP (up to 2.0 oz eq grain-based dessert per week in grades K-12) as specified in §210.10 and at snack service in SFSP. Considered a grain-based dessert and cannot count towards the grains component in CACFP or NSLP/SBP infant and preschool meals as specified in §\$226.20(a)(4) and 210.10.





<sup>4</sup> Allowable in NSLP (up to 2.0 oz eq grain-based dessert per week for grades K-12) as specified in §210.10. May count towards the grains component in SBP (grades K-12) and at snack and breakfast meals in SFSP. Considered a grain-based dessert and cannot count towards the grains component in the CACFP and NSLP/SBP infant and preschool meals as specified in §§226.20(a)(4) and 210.10.

Food Products per Group	Ounce Equivalent (oz eq)	Minimum Serving Size
Group G	Minimum Serving Size for Group G	Minimum Serving Size for Group G
Brownies³ (plain) Cake³ (all varieties, frosted)	1 oz eq = 125 gm or 4.4 oz 3/4 oz eq = 94 gm or 3.3 oz 1/2 oz eq = 63 gm or 2.2 oz 1/4 oz eq = 32 gm or 1.1 oz	1 serving = 115 gm or 4 oz 3/4 serving = 86 gm or 3 oz 1/2 serving = 58 gm or 2 oz 1/4 serving = 29 gm or 1 oz
Group H	Minimum Serving Size for Group H	Minimum Serving Size for Group H
Cereal Grains (barley, quinoa, etc.) Breakfast cereals (cooked) <sup>6,7</sup> Bulgur or cracked wheat Macaroni (all shapes) Noodles (all varieties) Pasta (all shapes) Ravioli (noodle only) Rice	1 oz eq = 1/2 cup cooked or 1 ounce (28 gm) dry	1 serving = 1/2 cup cooked or 25 gm dry
Group I	Oz Eq for Group I	Minimum Serving Size for Group I
Ready to eat breakfast cereal (cold, dry) <sup>6,7</sup>	1 oz eq = 1 cup or 1 ounce for flakes and rounds 1 oz eq = 1.25 cups or 1 ounce for puffed cereal 1 oz eq = 1/4 cup or 1 ounce for granola	1 serving = 3/4 cup or 1 oz, whichever is less

<sup>3</sup> Allowed in NSLP (up to 2.0 oz eq grain-based dessert per week in grades K-12) as specified in §210.10 and at snack service in SFSP.





#### **Grains**



#### FBG New to the Exhibit A Grains Tool:

(Allows users to search for a grain product [as listed on Exhibit A] and enter in the serving size from the product label.)

- Tool now allows the program operators to determine the amount to serve
  for a grain product in order to meet the minimum grains requirement by
  age/grade group for a specific CNP.
- Current features:
  - determine ounce equivalent (oz eq) grains or grains/bread serving(s) for the grains product,
  - Determine amount to serve to provide a desired grains contribution.

Food Buying Guide for Child Nutrition Programs (FBG) Interactive Web-Based Tool and FBG Mobile App.





# Meal components

#### **Grains**





#### FBG Interactive web-tool:

- 68g Pita Bread provides 2.5 grains/bread servings.
- 1 grains/breads serving(s) of Pita bread (whole wheat or whole grain-rich), serve 0.50 piece(s)/slice(s).
- This product provides 5 servings that means for your program 10 servings of pita bread. 10 kids received the grain component.





# **Serving Additional Foods**

- Meal pattern requirements are minimums.
- Additional foods that meet the meal pattern requirements (extra vegetables, fruits, whole grains etc.) can be purchased from SFSP funds, also condiments served with creditable foods.
- Foods purchased that do not meet the meal pattern requirements have to be purchased from non-SFSP funds.
- Additional foods can increase flavor, palatability, adds extra variety to nutrition and can help meet calorie needs for certain age groups.



#### **Child Nutrition Labels**

# CN labels list information about a food's contribution toward the meal pattern.

#### CN Label Chicken Stir-Fry Bowl Ingredient Statement: Chicken, brown rice, broccoli, red peppers, carrots, onions, water, olive oil, soy sauce, spices. XXXXXX Each 4.5 oz Chicken Stir-Fry Bowl provides 1.5 oz eg meat, 1.0 oz eg grains, CN 1/4 cup dark green vegetable, 1/4 cup red/orange vegetable, and 1/8 cup other vegetable for Child Nutrition Meal Pattern Requirements. (Use of this logo and statement authorized by the Food and Nutrition Service, USDA 09/16). Net Wt.: 18 pounds Chicken Wok Company 1234 Kluck Street • Poultry, PA 1235 CN Label Requirements Product Name It is important to know, the CN Logo (the box with

It is important to know, the CN Logo (the box with CN on each side that surrounds the meal pattern contribution statement) is one of the four integral parts of a label, which includes the product name, ingredient statement, and inspection legend. All four parts must be on the product carton in order for the CN label to be valid.

- Used on products that contribute to the meat/meat alternate.
- Beef patties, cheese or meat pizzas, meat or cheese and bean burritos, egg rolls, and breaded fish portions and so on.
- If meat alternate must contain minimum of 0.5oz/serving.
- Products contributing only to the bread/bread alternate and/or vegetable/fruit components are not eligible for the CN label.



# Manufacturer's Product Formulation Statement

- Products without CN labels.
- Must use manufacturer's letterhead and signed by manufacturer.
- Shows how the food credits toward the meal pattern requirements and other specifics about the product.
- Foods listed in the Food Buying Guide are not required to have a CN Label or (PFS)!!!
- It is the program operator's responsibility to evaluate the product labels and to keep records to document that meals served fulfill the meal pattern requirements.



# **Food Buying Guide**



# Provide guidelines that specify how individual food items contribute to the CNP meal patterns.

**FBG** updated 2/28/2020

#### Additional Creditable items in FBG:

- Shelf-stable, dried and semi-dried meat, poultry, and seafood snacks,
- Coconut, hominy, popcorn, surimi seafood and tempeh
- Vegetables disguised as other components, for example noodles/pasta made from vegetables including legumes
- Turkey bacon

Crediting Traditional Foods like wild rice, blue corn,

bison: <a href="https://fns-prod.azureedge.net/sites/default/files/TA01-">https://fns-prod.azureedge.net/sites/default/files/TA01-</a>

2015 Child Nutrition Programs and Traditional Foods.pdf



# Food Buying Guide



# Pay attention to yield information! Canned, cooked <u>fruits</u> and <u>vegetables</u>. Crediting of vegetable concentrates (<u>Tomato Paste and Puree</u>).





# **Summary of Section 1 Meals not reimbursable if:**

- Meals served to ineligible children (children not meeting the income eligibility guidelines) if CAMP
- Meals in excess, meals of the site's approved Capacity or CAP level (Average Daily Participation or ADP) of meal service.
  - Federal requirement State Agency is tracking sponsors repeatedly upward adjusting their ADP and this will be monitored and sponsors are asked to look at prior year levels and enter a realistic capacity level at application time so this is not adjusted often.
- Meals served to adults but included in the count of reimbursable meals which is not allowed.

# **Summary of Section 1**

#### Meals not reimbursable if:

- Second meals in excess of 2% of the number of first meals served during the claim period will not be reimbursed. If happening, reviewers will request information on non-food program funds used to cover these meals.
- Meals served outside of the approved time frames and dates the state-agency approved.
- Meals missing a component. Example: Not an allowed food option served (pudding or ice cream instead of milk or forgot a required component like grain.)
- Also not reimbursable: Jell-O/Pudding, Ice cream/popsicles, coffee, soda pop



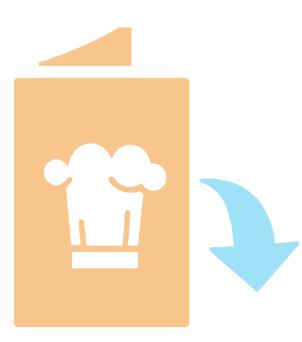
# **SECTION 2**

- Menu ideas
- Staying on Budget
- Record Keeping
- Food Safety
- Meal Service
- Monitoring
- Serious Deficiency



#### **Monthly Menu**

- Each day's menu should show components of meal pattern!
- Cycle Menu: You can take advantage of local items and replace items that are not available.
- Cycle menu and recipe ideas <u>Nutrition</u> guide handbook p 34-42.
- Consider <u>MyPlate</u> guidelines to build healthy plates p 23-31.





#### Staying on Budget

- Keep accurate inventory records (Date the food was ordered, Name of the supplier or vendor, Date food was received, Condition on arrival, Price paid, Amount of food left)
- Make good food purchasing decisions (look at inventory and [amount needed/#of servings per purchase unit])
- Use <u>Nutrition Guide</u> p48-53, if you need help <u>with budgeting</u>.

#### Record Keeping

- SFSP regulations require sponsors to maintain records of participation and preparation of ordering meals to demonstrate that the appropriate number of meals was ordered (if vended site) and justify all costs and meals claimed.
- Required records (Daily meal count at each site; Program operating costs: including food and other costs; Program administrative costs: including labor and supplies; Funds accruing to the program).



#### **RECORD KEEPING**

- <u>Training records:</u> of staff, volunteer, new hire training, including date of training, printed name and signature of trainee.
  - Use SFSP Sponsor Conducted Training Certification.
  - No claims paid until certification of training is submitted to CANS.
  - No site may operate until personnel have attended training.
  - Each site must have at least one individual present at meal time that has attended training from the sponsor.
  - Attendance at the SFSP Operational Training does not replace the training the sponsor must provide to their staff prior opening the summer program at feeding sites.
  - Make sure all staff know what a reimbursable meal looks like
  - Follow all health department guidelines while serving and preparing meals
  - Know where your books and SFSP training resources are located



# **Training should include:**

- Meal schedules and information oversite of entire meal service
  - Serving times
  - Delivery schedules if applicable
  - Off-site meal approvals done properly
  - Approved number for site meal service
  - Meal pattern requirements (SFSP or pattern approved for)
  - Offer versus Serve for meal pattern optional
  - How to recognize a reimbursable meal on the chosen meal pattern.
  - Civil Rights and Non-Discrimination.



#### RECORD KEEPING

#### FOOD SERVICE Racial and Ethnic Data Form\*\*

Sponsor:	Site:
Site Contact Name:	Title:
Site Address:	Date of visit:
Site Supervisor:	

Ethnic Categories	Number or Participating Children
Hispanic or Latino	
Not-Hispanic or Latino	

 Hispanic or Latino: A person of Cuban, Mexican, Puerto Rican, South or Central American, or other Spanish culture or origin, regardless of race. The term "Spanish origin" can be used in addition to "Hispanic or Latino."

Racial Categories	Number or Participating Children*
American Indian or Alaska Native	
Asian	)
Black or African American	
Native Hawaiian or Other Pacific Islander	
White	

- American Indian or Alaska Native: A person having origins in any of the original peoples of North and South America, (including Central America), and who maintains tribal affiliation or community recognition.
- Asian: A person having origins in any of the original peoples of the Far East, Southeast Asia, or the Indian subcontinent, including, for example, Cambodia, China, India, Japan, Korea, Malaysia, Pakistan, the Philippine Islands, Thailand, and Vietnam.
- Black or African American: A person having origins in any of the black racial groups of Africa. Terms such as "Haitian" can be used in addition to "Black or African American."
- Native Hawaiian or Other Pacific Islander: A person having origins in any of the original peoples of Hawaii, Guam, Samoa, or other Pacific Islands.
- White: A person having origins in any of the original peoples of Europe, the Middle East or North Africa.

Monitor's Signature	Date	

- The total number should equal or be greater than the number for ethnicity
- \* Note: Based on OMB Notice, Revisions to the Standards for the Classification of Federal Data on Race and Ethnicity, published 10/30/97 and in FNS nstruction 113-1. Civil Rights Compliance and Enforcement Nutrition Programs and Activities, published November 8, 2005. See Back for instruction

- Sponsor must report the racial/ethnic category of the children participating at each feeding location at least once during program operation by visual determination see pages 12 and 14 Sponsor Monitor's Guide.
- Plan to do during at Site
   Review –required
   documentation 2017 Sponsor
   Monitor's Guide pages 31-32
   Racial and Ethnic Data Form
- Data Form should be kept on site and a copy given to sponsor.

#### RECORD KEEPING

- Inventory Records: SFSP commodities/USDA foods or if you are a school and use NSLP commodities/USDA foods please keep the Bill of Lading and itemized pricing for records.
- Any other food or supply purchases make sure you keep all receipts from vendors for your records.
- Nutrition Guide Pages 22, 48-51; First in First Out FIFO Inventory Management page 92; and SAMPLE Food Inventory Record 110-111

# Sample Inventory Sheet

Name:

Date://			Beginning inventory:	\$
1. Food item	2. Purchase unit size & description (case, bag, can, lb.)	3. # of units on hand	4. Unit cost	5. Total cost
	(oddo) bagi odni (d.)			





Ending inventory \$

Part of Inventory records for on site meal prep or central kitchen

prep.

#### SUMMER FOOD SERVICE PROGRAM

#### Worksheet for Cost of Food Used

- Site Month/year
- Cost of food used:

  - E. Less ending inventory

## A. Beginning inventory B. Inventory adjustment (+ or -) C. Purchases (including milk) Total food available F. Total cost of food used

#### Instructions

- Enter name of site.
- 5. Enter month and year.
- 6. A. Enter dollar value of beginning inventory.
  - B. Enter amount of adjustment (plus or minus) for any transfer, spoilage, pilferage, etc. (explain any adjustment on the back of this form).
  - C. Enter the dollar value of all food purchases made during the month. This should equal food expenditures.
  - D. Enter the total of A + C (+ or -) B.
  - E. Enter dollar value of ending inventory.
  - F. Enter the total of D E (total cost of food used).





#### RECORD KEEPING

- <u>Daily Meal Count Records:</u> use meal count sheet downloadable from iCAN website or <u>Admin guide</u> p 179 for camp and p 182 for all other sites.
  - Attach a template you will be using to your iCAN app.
  - Count meals at point of service, after each components were received by the child.
  - Clearly identify the meal service (Breakfast/Lunch etc.)
  - > Record 1<sup>st</sup> and 2<sup>nd</sup> meals received by child.
  - Count adult meals program and non-program at their respective row on the meal count sheet, not together with meals provided for program participants.
  - Meals taken off site are not reimbursable.
  - More information: USDA's SFSP meal counting.
  - Must be signed by meal count attendant.

#### LEGAL DOCUMENT-VERY IMPORTANT



# Sample Meal Count SheetOpen Site



Site	Name	ε										_Meal 1	ype (ci	ircle) :	В	L S	N SI	J				
Add	Address: Telephone:																					
Supervisor's Name:												_										
·																						
Meals received/prepared + Meals available from previous day = (Total meals available)												[1]										
First Meals Served to Children (cross off number as each child receives a meal):																						
1	2	3	4	5		6	7	8	9	10	11	12	13	14	15	16	17	18	19	20		
21	22	23	24	25		26	27	28	29	30	31	32	33	34	35	36	37	38	39	40		
41	42	43	44	45		46	47	48	49	50	51	52	53	54	55	56	57	58	59	60		
61	62	63	64	65		66	67	68	69	70	71	72	73	74	75	76	77	78	79	80		
81	82	83	84	85		86	87	88	89	90	91	92	93	94	95	96	97	98	99	100		
101	102	103	104	10	5	106	107	108	109	110	111	112	113	114	115	116	117	118	119	120		
121	122	123	124	129	5	126	127	128	129	130	131	132	133	134	135	136	137	138	139	140		
141	142	143	144	14	5	146	147	148	149	150												
																Total F	irst M	د عاده				[2]
																- Ctut						
			erved 5 6				0								Tota	ıl Seco	and M	loale				[3]
<u> </u>			Prog												1012	it sett	oliu M	ie ats	•			[9]
l			5 6				0						1	otal I	Progr	am A	dult M	feals	+			[4]
Mea	ls sen	ved to	non-F	rogr	am	adult	ts:															
1 :	2 3	4	5 6	7	8	9 1	0						Total	non-	Prog	ram A	dult	Meals	s +			[5]
														T01	AL M	EALS S	SERVE	D =				[6]
								T	otal da	amage	d/inco	mplete	/other	non-	reimb	ursab	le me	als +				[7]
														1	Total I	eftove	rmea	ıls +				[8]
											Tota	l of iter	ns:			[6] (lt				8) = equal to	[9] o item [1])	
l							_					meals	were s	erved:								
		4								13 1												
By:	signing	g belo	w, i ce	rtify	tnat	tne a	above	intorn	nation	is true	and ac	curate:										
Sign	ature												_	Date	9							



SFSP Website/Documents/SFSP Production Records

- Production Records must match the meal pattern chosen!
- Documentation of: Foods, Amount of Foods at each meal.
- Be specific,
- Record date (month, day, year)
- Record Site Name on each page even if only one site

			<u> </u>		, , , , , , , , , , , , , , , , , , ,		
			SFSP P	RODUCTION RECORD			
Date					Center:		
B R E A	Menu component	Menu	Serving Size	Food Item	Quantity Prepared	Leftover	Number Serve
K	Bread/Bread Alternate						
A	Fruit/Vegetable						1-18
S	Milk						Adults
	Other						Total
Zα	(CHOOSE TWO)						
l a l	Meat/Meat Alternate						1-18
C K	Bread/Bread Alternate						Adults
l a l	Fruit/Vegetable						
M	Milk						Total
$\Box$	Meat/Meat Alternate						
U	Bread/Bread Alternate						1-18
N	Fruit/Vegetable						Adults
C	Fruit/Vegetable						
Н	Milk						Total
''	Other						
S N	(CHOOSE TWO)						
A	Meat/Meat Alternate						1-18
C K	Bread/Bread Alternate						Adults
P	Fruit/Vegetable						
М	Milk						Total
S	Meat/Meat Alternate						
Ū	Bread/Bread Alternate						1-18
1 1	Fruit/Vegetable						Adults
1 _	Fruit/Vegetable						
E	Milk						Total
1 _	Other						





Menu column record food item (helps to prevent meal pattern errors)

B R E	Menu component	Menu	-
A K	Bread/Grain	Cereal	
F	Fruit/Vegetable	Orange Juice	
A	Milk	Milk	
s	Other		
T			_

• Note serving sizes/age group according to meal pattern.

<u>Se</u>	rving Siz	<u>zes</u>	
Ages	Ages	Ages	<u>Menu</u>
1-5	6-18	Adults	
2/4 -	4 -		
3/4 c	1 c		Cereal
1/2 c	1 c		Orange Juice

<u>Serving size/age</u> only if using meal pattern other than SFSP.



 Detail the Menu Item under Food Item (add details like weight for bread/grains [15crackers=13g]; recipe references; CN references; processing method: frozen/canned/fresh; cut of fruit/vegetable, %fat content for milk, % lean of meat).

B R E A	Menu component	Se Ages 1-5	rving Siz Ages 6-18	Ages Adults	<u>Menu</u>	Food Item
K	Bread/Bread Alternate	3/4 c	1 c		Cereal	Cheerios
F	Fruit/Vegetable	1/2 c	1/2 c		Orange Juice	100 % concentrate
s	Milk	3/4 c	1 c		Milk	2%
Т	Other					

Quantity Prepared Column-Has to be Specific/Measurable (Lb, Oz, Can sizes, cups, gallons. NOT loaves, 3 cans etc.)

В		<u>Se</u>	rving Siz	zes			Quantity Prepared	
R	Menu component	Ages	Ages	Ages	<u>Menu</u>	Food Item		
A		1-5	6-18	Adults				
K	Bread/Bread Alternate	3/4 c	1 c		Cereal	Cheerios	1/2 box - 32 oz.	
F	Fruit/Vegetable	1/2 c	1/2 c		Orange Juice	100 % concentrate	1/2 gallon	
s	Milk	3/4 c	1 c		Milk	2%	1 gallon	



• **Leftover Quantities**: Site Supervisor responsible to determine amounts left over. Adjustments are required to stay within planned amounts, Compliance by staff - Plan 1 meal per child. Program fiscally can't afford to make extra — **not reimbursable** and isn't sustainable (*Must check with your administration for non-program funds to cover excess*).

B R E A	Menu component	Se Ages 1-5	rving Siz Ages 6-18	Ages Adults	<u>Menu</u>	Food Item	Quantity Prepared	Leftover
K	Bread/Bread Alternate	3/4 c	1 c		Cereal	Cheerios	1/2 box - 32 oz.	
F A	Fruit/Vegetable	1/2 c	1/2 c		Orange Juice	100 % concentrate	1/2 gallon	
S	Milk	3/4 c	1 c		Milk	2%	1 gallon	
Т	Other							

• **Numbers served** (from daily meal count records)-Enter actual numbers at the point of service NOT planned numbers. Record totals. Adult meals combine program and non-program. Do not claim for reimbursement. Where does program adult meals should be documented? How about non-program?

В	_		Serving Sizes						
R	Menu component	Ages	Ages	Ages	<u>Menu</u>	Food Item	Quantity Prepared	<u>Leftover</u>	Number Served
E   A		1-5	6-18	Adults					
	Bread/Bread Alternate	3/4 c	1 c		Cereal	Cheerios	1/2 box - 32 oz.		1-54
F	Fruit/Vegetable	1/2 c	1/2 c		Orange Juice	100 % concentrate	1/2 gallon		6-18 <b>10</b>
	Milk	3/4 c	1 c		Milk	2%	1 gallon		Adults
Т	Other								Total14



#### **Production Records**

- Production records are used to:
  - document that meals meet pattern.
  - Include with your production records: CN labels or Product Formulation Statement, copy of standardized recipes.
  - document that adequate food served
  - justify food purchases
  - back up numbers of meals claimed for reimbursement
  - Records must be kept 3 years + current year!

Incomplete production records are the most frequent finding on reviews.

Incomplete or inadequate documentation can result in denial of reimbursement.



#### RECORD KEEPING

#### **Allowable Costs:**

#### OPERATING AND ADMINISTRATIVE

#### **Operating Costs:**

- Cost of food used (see example under inventory records),
- Cost of food purchases and the cost of processing, transporting, storing, and handling food that is donated (including USDA Foods) or purchased by the sponsor.
- Labor, nonfood supplies, space for the food service.
- Rural sites may include costs that are directly incurred in transporting children from rural homes to rural food service sites.
- Rental costs for buildings, food service equipment, and vehicles
- Utility costs
- Mileage allowances example in Attachment 24 of Admin Guide.
- Cancelled checks or other forms of receipt for payment.

Sponsors cannot charge the Program for major reductions of food in stock that are the result of fire, theft, spoilage, contamination, or any event other than normal usage.

#### Record Keeping- Operating Costs

- Records to support the cost of food used should include:
  - Itemized receiving reports from supplier/including donated foods
  - Food inventories/manifests
  - Records of returns, discounts or other credits
  - Canceled checks or receipt of payment.

#### Vended meals (sponsor contract with FSMC):

• Keep the signed detailed delivery slip to support the sponsors claim for reimbursement: what meal is being delivered, the number of meals delivered, the delivery date and time, ensure that meals delivered meet the meal pattern requirement!

**Sponsor should not pay FSMC if:** meals delivered to non-approved sites, meals not delivered within the established delivery time, meals that are spoiled or do not meet meal pattern requirements, or meals that do not meet the requirements or terms of the contract as sponsor cannot claim these meals under SFSP.

#### **Record Keeping-Operating Costs**

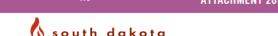
#### **Labor Costs:**

Compensation by sponsors for labor that is required to prepare and serve meals, to supervise children during the meal service, and to clean up after the meal service.

Wages, salaries, employee benefits, and the share of taxes paid by the sponsor. Sponsors must keep accurate time and attendance records for all labor costs that are attributed to the SFSP.

Sponsors must keep accurate time and attendance records for all labor costs that are attributed to the SFSP.

SUMMER FOOD SERVICE PROGRAM	Tim Site						Se	rvice	Staff	*
Site/Sponsor name: Site/Sponsor address: Week of:									or Number:	
	н	lours	Wor	ked i	n Fo	od Se	ervic	e		
Name	Hou Per	ırs Day						Total Hours Weekly	Hourly Wage	Total Claimable
	S	М	Т	W	Т	F	S			
I understand that this information misrepresentation may subject n										eliberate





#### Record Keeping- Administrative Costs

RECORDKEEPING AND COST ACCOUNTING								
SUMMER FOOD SERVICE PROGRAM	Summary of Administrative Expenses							
Name of sponsor:								
2. Month and year:								
3. Position (a)	# of People in that position	Salary per hour	# of hours spent on SFSP administration	Total				
	(b)	(c)	(d)	(e)				
	X	\$ X		= \$				
	X	\$ <u>X</u>		= _\$				
	X	\$ <u>X</u>		= S				
	X	\$ X		= _\$				
	X	\$ X		= \$				

4. Salaries (line 3f)	\$
5. Transportation	\$
6. Communication	\$
7. Rental of office space	\$
8. Office supplies	\$
9. Utilities	\$
10. Use allowance of furniture and fixtures	\$
11. Audit fees	\$
12. Legal fees	\$
13. Office building maintenance	\$
14. Other (specify)	\$
	\$
	\$
15. TOTAL	\$

Administrative costs are costs incurred by the sponsor for activities related to planning, organizing, and administering the Program (Labor costs for administrative activities, Rental costs for offices, office equipment, and vehicles; Vehicle allowance and parking expenses, Office supplies, Communications, Insurance and indemnification, Audits, Travel).

Form available in <u>Admin Guide</u>.

Attachment 27.





# Food Safety

Important for the integrity and success of your Summer Food Service Program.

#### Practicing good personal hygiene,

(Handwashing, staying home when sick, general hygiene, using gloves during meal service)

#### Checking and documenting food safety temperatures,

(Know temperature danger zones, <u>calibrating thermometers</u>, proper receiving and storage of food, proper holding, reheating and transportation temperatures, proper way of cooling food.)

#### Proper cleaning and sanitizing.

(cleaning tables, work surfaces, equipment; three compartment sink, dish machine)

Found in Nutrition Guide p73-95



# Food Safety

Keep Food Safety Rules during transportation, preparation, serving.

- Receiving: If the temperature of cold food is above 41 °F or the temperature of hot food is under 135°F, the food should be rejected. Also spoiled, damaged products need to be rejected during receiving as they are not reimbursable with SFSP.
- Temperature Danger Zone: 40 °F-135 °F rapid growth of harmful bacteria that could cause foodborne illness.
- Reheat food: 165 °F for 15 seconds and use it or cool and store it within 2hours.
- Correct Cooking Temperatures: p79 of Nutrition Guide.
- MUST KEEP FOOD TEMP LOGS FOR RECORDS!



# Sample Daily Temperature Form – Internal Food Temperatures

Date	Food Item	Time/ Temperature/ Initials	Time/ Temperature/ Initials	Time/ Temperature/ Initials

#### Storage Temperature Form

Date	Food Item	Time/ Temperature/ Initials	Time/ Temperature/ Initials	Time/ Temperature/ Initials

Source: National Food Service Management Institute. (2009). Serving it safe training resource, Appendix 3. University, MS.

Source: National Food Service Management Institute. (2009). Serving it safe training resource, Appendix 4. University, MS.



#### Food Safety – Storage & Sanitation

- Food Storage Best Practices Nutrition Guide p 86-87
  - Examine Food received
  - Clean Storage area (Frozen, Refrigerated/Cooler, and Dry)
  - Minimum 6 inches off floor
  - Daily recording of frozen, cooler and dry areas.
  - First In First Out method with date labeling
- Food Sanitation Tips and Cleanup (Mobile sites garbage plan)
- Food Safety Checklist Nutrition Guide p 89-94
- South Dakota Food Code and SOP's (Standard Operating Procedures)
   https://doe.sd.gov/cans/documents/FoodSafetyResource.pdf



# Meal Service Requirements

- Serve meals at the times submitted on iCAN application.
- No off-site meal consumption unless:
  - Approved offsite meals (field trips) sponsor must notify the vendor and CANS in advance.
- Serve the same meal to all children. Make sure children take from all required meal components.
- Ensure that children eat all meals onsite.
- All children must receive a complete first meal before any child receives a second meal. PLAN Only for First meals.



## Meal Service Requirements



#### Taking Food Components Offsite

- Maintain the meal service to ensure no off-site consumption unless it is
  - Either a fruit, vegetable or grain component placed on the share table or taken from own meal for later consumption. It is up to sponsor to allow this and no State Agency preapproval needed.
  - Share Table: Unopened, unused, whole food items left on the share table are then available to other children who may want additional helpings. (Only fruit, vegetable or grain items.)
  - Allowed only if the sponsor has adequate staffing to properly administer and monitor. Has to be in compliance with local health and safety codes.
  - Approved Field Trip complete Off-site Meal request and submit to CANS

#### Meal Service Requirements



# Notify communities/families:

- Who may eat at the site,
- When the meals will be served,
- What types of meals will be served,
- Why meals must be eaten at the site,
- What the share table is and if allowing traveling item (Fruit/vegetable/grain in food safe package or in peeling and not temperature controlled).





# Monitoring program/Sites

- Sponsor's Monitor Responsibilities
   – see page 5 Sponsor Monitor's Guide.
- The monitor tasks are assigned to an administrative staff if sponsor is smaller, the tasks are essential to ensure the smooth operation of the program.
- The monitor will work with the site staff to ensure the proper training.
- The monitor will also help to correct any problems that occur with the program operations.



#### Monitoring/Program Integrity

- Pre-operational visit (required for sites with issues during the prior year, not operating SNP or new)
  - Conduct before a site operates the summer program.
- <u>Site visit</u> –SFSP 12-2011 Waiver South Dakota was approved for summer 2020!
  - All sponsor visit sites during the first week of operation if new site or staff.
  - Attach documentation in iCAN SFSP Attachment List unless requested and were granted first week waiver.
- Site Reviews (Required)

Sponsors must review sites during the first 4 weeks of program operation at least once.

# Pre-operational Visit

- All sites must be visited BEFORE they begin operation for summer program if <u>new or issues in prior year or</u> <u>current year</u>.
- Ensure sites have facilities to provide meal services for number of children expected to attend the site.
- Sanitation and food safety plans must be in place.
- Documentation of this visit
  - Copy kept at site
  - Original sent to Sponsor



#### Monitoring/Program Integrity

# First Week Visit – May request Waiver for Successful Prior Sponsors

- Sponsors must Visit all sites within the first week of operation
- Required to do if previously found to be seriously deficient (Waiver won't be granted by CANS)
- Waiver request is in iCAN Site Application, Question # 29
  - CANS will grant or not
    - Ensures food service is operating smoothly
    - Make needed adjustments
    - Training needs, answer questions
    - Sponsor Monitor's Guide SFSP page 27



## Site Review

Review all sites within the first four weeks of operation.

- Thoroughly examine the meal service from start to finish
- Correct problems and provide additional training as necessary
- Monitor Guidance pages; Documentation required!

Follow-up Visits for serious deficiencies, to ensure permanent corrective action has been implemented!



#### State & Federal Reviews(Audits)/Inspections

- State Agency CN Resource.
- Health/Kitchen Inspections City of Sioux Falls, DPS or IHS
- Reviews are conducted every 3 years or sooner due to formula requirements.
- Production Records for one week are required for inspector/reviewer.
- See <u>Administrative Guidance</u> for:
  - Review Procedures
  - Violations
  - Corrective Action





#### State & Federal Reviews(Audits)/Inspections

- Missing expense documentation leads to being declared Seriously Deficient
- South Dakota has guidance on the term Seriously deficient.
- Appeal Rights are sent for various actions.
- Sponsor receives more reimbursement than it spends –
   State Agency requires corrective action to
  - Improve food quality
  - Enhance monitoring and oversight



#### South Dakota SFSP – Seriously Deficient Check List

# Serious Deficiencies are grounds for disapproval of applications and for termination – impacts all Child Nutrition Programs!

- Noncompliance with bid procedures & contract requirements
- Private Non-profit with IRS tax-exempt status revoked are immediately terminated and declared Seriously Deficient SFSP04-2017
  - https://www.fns.usda.gov/sites/default/files/sfsp/SFSP04-2017os.pdf
- Submission of false information to the State Agency
- Failure to return to SA any startup or advance payments which exceeded the amount earned for meals served
- Violations at a significant portion of the Sponsor's site such as...see next slide



# Sponsor Site Violations leading to declaration of Seriously <u>Deficient examples:</u>

- Noncompliance with the meal service times set forth at 225.16(c),
- Failure to maintain adequate records
- Failure to adjust meal orders to conform to variations in the number of participating children
- The simultaneous service of more than one meal to any child
- The claiming of Program payments for meals not served to participating children
- Service of a significant number of meals which did not include required quantities of all meal components
- Excessive instances of off-site meal consumption
- Continued use of a FSMC that is in violation of health codes.



## **SECTION 3**

- Appeal Rights
- Civil Rights
- Resources





#### **APPEAL RIGHTS**

- Denial of advanced payment
- Denial of reimbursement claim
- Termination of sponsor or site participation in the program
- Denial of site application
- Denial of FSMC's application for registration
- Claim against sponsor for remittance of a payment
- State refusal of late payment or upward adjustment request
- Appeal Rights is located on the iCAN SFSP Download Forms and the SFSP website. They are also sent to sponsor when needed.
- Non-reimbursable meals claimed will be taken back in an over claim based on program audit or inspection.
- Menu, meal count form, production records, food receipts documentation used to verify the meals served are reimbursable.

#### **CHANGES AFTER PROGRAM STARTS**

- Changes in meal service:
  - Must be approved by CANS
  - Requires new public release
  - Closures must be reported to CANS immediately.
- Inclement Weather Plans:

Make arrangements for alternate food service and have a written plan in case of extreme weather.

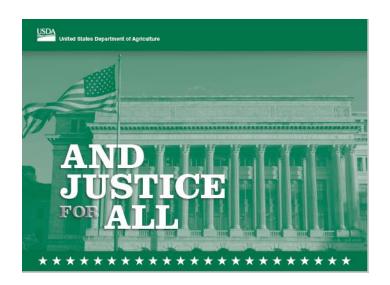
Especially important for outdoor meal sites.

More information: <u>Administrative Guide</u> p41.



#### **CIVIL RIGHTS**

- Serve all meals to children without discrimination.
- Every child should have the opportunity to participate in the meal service.
- The new 2020 "Justice for All" poster need to be displayed in an area where all children can see it. (Contact: Courtney Martin 605-773-3413 if need new poster.)
- Nondiscrimination statement must be on all printed material.
   "This Institution is an equal opportunity provider."



VIEW CIVIL RIGHTS TRAINING



## Non-Discrimination Statement

The following must include the Non-Discrimination Statement:

- Press Release (Sample forms in Admin Guide Attachments 13-14 on p 172-172)
- Posters indicating hours meals are served.
- Brochures advertising program.
- Websites.
- Font size same as rest of the document.



# Participation Incentives

 Partner with other agencies to provide activities that children will attend either immediately before or following the meal service.

(Educational Activities contact Kimberly Cripps with SDSU Extension Kimberly.Cripps@sdstate.edu)

- Plan Kick-off event
- Getting local support to sponsor prizes
  - Distribute calendar of events for site to help maintain attendance.
  - Back to School bags are distributed toward end of summer program.
- Birthday celebration on low participation day (week EBT is given or Fridays)
- Check out the webinar Strategies for Marketing Summer Food Service Programs <u>HERE</u>, for ideas to promote your SFSP in your community.

#### **RESOURCES**

# **Turnip the Beet Awards**

Turnip the Beet: High Quality Meals in the Summer Meal Programs

#### **Award Overview**

- USDA's Food Nutrition Service Award recognition for SFSP sponsors
- Award levels featured on Summer Capacity Builder
  - Silver
  - Bronze
  - Gold

https://www.fns.usda.gov/sfsp/turnip-the-beet



## **RESOURCES**

#### Visibility is key!



South Dakota has vinyl banners for each open location.

Learning. Leadership. Service.

# Help families find us

Register your OPEN feeding site with 211
Helpline Center in South Dakota see me
for contact information.



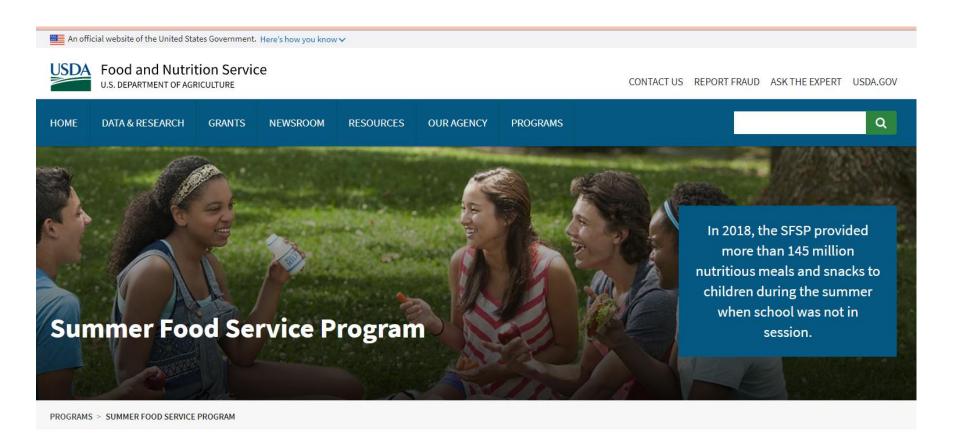
#### Find Free Summer Meals for Children in Your Community

Call 1-866-3-HUNGRY or 1-877-8-HAMBRE (for Spanish speakers) and a live operator will tell you where the closest sites serving free, nutritious summer meals are located. Or visit www.whyhunger.org/findfood to locate sites using an online map.



### **SFSP Resources**

http://www.fns.usda.gov/sfsp/summer-food-service-program-sfsp





# TEXT "Summer Meals" to 97779

# Find a site near you!

Call: 1-866-348-6479

Visit: www.fns.usda.gov/summerfoodrocks

Text: "Summer Meals" to 97779

**USDA Summer Food Service Program Poster** 



# No Kid Hungry Share Our Strength

Center for Best Practices

https://bestpractices.nokidhungry.org/summer-

meals/outreach-materials





Home I About I Events

Sponsor Center

SCHOOL BREAKFAST

#### SPONSOR CENTER

#### MOBILE MEALS PLAYBOOK

About Mobile Meals

Mobile Meals In Action

Is Mobile Right for

Mobile Meals Calculator

Planning your

**Best Practices for** Mobile Operations

SPONSOR SURVEY

PROGRAM EXCELLENCE

CHILD NUTRITION PROGRAM GRANT **OPPORTUNITIES** 

FINANCIAL MANAGEMENT

#### **Outreach Materials Templates**

#### Sodexo Foundation Summer Meals Outreach Toolkit

SUMMER MEALS AFTERSCHOOL EARLY CHILDHOOD SNAP FOOD S

Following are template designed outreach materials that your organization can customize to We recommend working with a professional graphic designer to assist you with customizing graphic designer, get creative! Ask your partners or the local college or high school design d Contact Tali Caiazza at TCaiazza@strength.org if you have questions or need recommenda

Customizable Flyer Word Doc Template English; Word Doc Template Spanish





National Poster PDF English: PDF Spanish: Customizeable PDF English (Space to write (Space to write in additional text)





#### **FARM to SUMMER**

Summer Food Service Program encourages sponsors to improve the quality of their meals.

An excellent way to improve food quality is to source products from local farmers.

<u>DOE-Child and Adult Nutrition Services</u> and <u>SDSU Extension</u> offers variety of resources and guidance to find certified local producers.



#### **RESOURCES**

- USDA Food and Nutrition Service Summer Food Service Program Handbooks <a href="https://www.fns.usda.gov/sfsp/handbooks">https://www.fns.usda.gov/sfsp/handbooks</a>
- South Dakota Department of Education Child and Adult Nutrition <u>Services</u> Summer Food Service Program, 800 Governors Drive, Pierre, SD 57501-2294 <a href="http://doe.sd.gov/cans/sfsp.aspx">http://doe.sd.gov/cans/sfsp.aspx</a>
- US Department of Agriculture Summer Food Service Program http://www.fns.usda.gov/sfsp
- No Kid Hungry Share Our Strength center for Best Practices
- USDA 7 CFR Part 225 Regulations Summer Food Program <u>https://www.fns.usda.gov/part-225—summer-food-service-program</u>
- USDA Food and Nutrition Service SFSP Policies https://www.fns.usda.gov/sfsp/policy
- US 2010 Census- South Dakota <u>https://www.census.gov/quickfacts/fact/table/sd/PST045218</u>



#### **QUESTIONS?**

- Agreement, reviews, operation:
- Brigitta Bly
  - (605) 367-5295
  - Brigitta.Bly@state.sd.us
- Mikayla Hardy
  - (605) 773-8072
  - Mikayla.Hardy@state.sd.us



# Q&A Webinar Wednesday, May 20, 2020 at 2:30pm CT





# ARE YOU READY?







#### Non-Discrimination Statement

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information(e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: How to File a Complaint, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

- (1)mail: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410;
- (2) fax: (202) 690-7442; or
- (3)email: program.intake@usda.gov.
- This institution is an equal opportunity provider.

